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August 19, 1999

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our supplements containing SAM-e under the following brand names: American Health, Body Fortress, DEI, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition and Vitamin World:

SAM-e is the term used to describe S-adenosylmethionine, a vital substance found in all cells and essential to many biochemical reactions in the body. SAM-e plays a role in the formation of proteoglycans, key substances in cartilage. This versatile molecule has been found to promote a positive mood and well-being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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